**Steps to upload files into PostgreSQL:**

1. Open PgAdmin
2. Create new database
3. Add spatial extension (PostGIS): expand newly created database – extensions (right-click) – new extension – in the name field select ‘postgis’ – click OK
4. Run Relational Schema SQL included with the files: in PgAdmin – SQL – file open – navigate to the schema SQL file – run the query – refresh tables
5. Add shapefiles to tables: Plugins – PostGIS shapefile and dbf loader – add file – navigate to the folder containing the shapefiles – select one shp file – add SRID 4326 – change mode to Append – click import. Repeat for all four files.

**Note:** if you plan on troubleshooting code which will make unnecessary changes to the files, it might be best to save the shapefiles locally prior to uploading them into PostgreSQL.